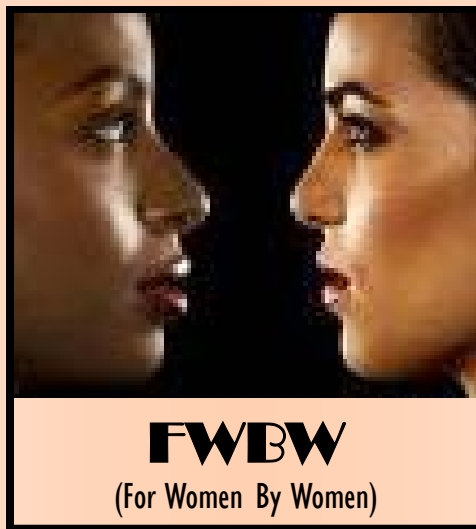


eliminating racism
empowering women
ywca



Empowerment Conversations

Unleashing Women's Potential ...

Providing Insights on Courage, Happiness and Fulfillment

A series of monthly discussions for women by women about issues affecting women.

July is "Freedom from fear of Speaking" Month

Do you get butterflies before talking to an audience?

Do you dread giving a sales pitch, speaking before your local PTA or at an awards presentation?

Competent communication skills is critical to growth and success. We invite you to attend this informative session on overcoming your fear and becoming a confident and effective speaker.

Get Over It: Your Fear of Public Speaking

Speech is power: speech is to persuade, to convert, to compel" - Ralph Waldo Emerson

Guest Speaker

Barbara Saunders,

Motivational Speaker and former President of the
PepsiCo Toastmasters International (Speaking) Club

Thursday, July 28, 2011, 6:30pm-8:00pm

YWCA Yonkers, 87 South Broadway, Yonkers

Registration required ~ Light refreshments ~ Childcare (registration required)

To register or for more information please call M. Walker at (914) 963-0640 ext. 100